

Introduction to Psychology

At a glance

- Accepted for credit transfer by Strayer University
- 4.5 quarter credits at Strayer University
- Strayer University equivalency: Introduction to Psychology (PSY 105)

Course description

Sophia's Introduction to Psychology course helps you understand the basic principles of psychology and scientific methods. In this course, you will study a variety of topics, including the brain, learning and memory, personality, social influence, child and lifespan development, and psychopathology. You will also have the ability to demonstrate the application of these psychology topics to everyday situations.

Assessments & grading

This is a pass/fail course. You must complete 18 Challenge assessments (these are like quizzes) and 6 Milestone assessments (these are like tests) with an overall score of 70% or better.

Learning outcomes

At the end of the course, you'll be able to:

- Identify foundational philosophies, therapies, and specializations in the field of psychology
- Analyze developmental psychology across the lifespan
- Identify theories of personality and personality assessment
- Articulate scientific research methodology and analytical approaches in the field of psychology
- Articulate how brain and psychological factors impact mental health and behavior
- Classify psychological disorders and impact on well-being